

Patients with Adrenal Insufficiency must be treated

IMMEDIATELY

Time in **waiting** room or triage situation is **INAPPROPRIATE** and potentially deadly

TREATMENT STAT

Hydrocortisone/Solu-Cortef® injection IV or IM if not already administered

Dosing Instructions

Adult 100 mg

Pediatric 2 mg/kg to a max of 100 mg



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Signs and Symptoms of **Adrenal Crisis**

Not all symptoms will be present

- Shock-like symptoms
 - ◇ Nausea or Vomiting / Diarrhea
 - ◇ Lethargy / Listlessness
 - ◇ Neurological Deficits / Behavior changes: confusion, difficulty speaking, slurred speech
 - ◇ Pale, cold, clammy skin, shivering
 - ◇ Rapid pulse and/or breathing
 - ◇ Headache / Dizziness
- Fever / Infections
- Low Blood Sugar
- Low **OR** High Blood Pressure
- Pain: abdominal, back, flank, legs, etc.
- Seizures
- Cardiovascular collapse / stroke

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